

Instructions after getting permanent crown done on temporary dental adhesive

1. You are requested not to eat for the first hour after the procedure.
You can drink as much as you wish.
2. Avoid chewing gum or eating especially "sticky" foods.
3. In case your crown fell it's important to put it back in place in order to avoid damaging the sanded tooth underneath or risk shifting it.
Clean the crown, dry it and mix toothpaste with a little bit of flour (make sure the texture's not too thick). Put the mixture on the crown and stick it back in place.

Possible side-effects of the procedure

1. You might experience a "weird" sensation, like a foreign object in your mouth.
2. You might experience a slight tenderness in the gums for several days following the procedure.

When should you come to the clinic?

1. If you are having issues with closing your mouth or with chewing- generally feeling like your tooth is suddenly "higher" than normal.
2. In case your crown fell. It's important to put the crown back in its place to avoid damaging the sanded tooth or risk shifting it.
3. In case you're experiencing pain or sensitivity that do not pass after a few days.
4. In case of swelling and/or redness in the gums where the crown was put.

Important to note:

The crown is temporarily attached to your tooth- which means the treatment isn't done yet! You must proceed to get the crown attached permanently according to your doctor's instructions.

I wish you a speedy recovery,

Dr. Jaron Blasbalg

Prosthodontist- a specialist in oral rehabilitation