

Temporary Crowns on Temporary Dental Adhesive

Instructions after getting a temporary crown

1. You are requested not to eat for the first half hour after the procedure. You can drink as much as you wish.
2. Avoid chewing gum or eating especially "sticky" foods like dry fruit, taffy etc.

Possible side-effects of the procedure

1. You might experience a "weird" sensation, like a foreign object in your mouth.
2. You might experience tenderness in the gums for several days following the procedure.
3. The temporary crown might have a rough texture.

Cleaning the area around the new crown

1. If using dental floss pull it out through the side so not to pull off the crown.
2. If using dental picks support the crown with your finger and press down on it to avoid pulling the crown off.

When should you come to the clinic?

1. If you are having issues with closing your mouth or with chewing- generally feeling like your tooth is suddenly "higher" than normal.
2. In case your crown fell. It's important to put the crown back in its place to avoid damaging the sanded tooth or risk shifting it. Clean the crown, dry it and mix toothpaste with a little bit of flour (make sure the texture is not too thick). Put the mixture on the crown and stick it back in place.
3. In case you're experiencing pain or sensitivity that do not pass after a few days.
4. In case of swelling and/or redness in the gums where the crown was put.

Important to note:

The crown is temporary- which means the treatment isn't done yet! You must proceed to get a permanent crown. Do not leave a temporary crown in place for more than a few weeks, unless told otherwise by your doctor.

I wish you a speedy recovery,

Dr. Jaron Blasbalg

Prosthodontist- a specialist in oral rehabilitation